FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* PUTH JOHN W						2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [FSTR]									5. Relationship of Reporting (Check all applicable) X Director			ng Person(s) to Issuer		
(Last) (First) (Middle) C/O L.B. FOSTER COMPANY 415 HOLIDIAY DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 05/02/2006													specify		
413 HOLIDIAT DRIVE					. 4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) PITTSBURGH PA 15220					X								Form f	Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)																	
		Tab	le I - Nor	า-Deriv	ative	Sec	curiti	es A	cquired,	Dis	posed (of, or E	enef	iciall	y Owned	t				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Di Code (Instr. 5)		Dispose	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) (D)	or P	rice	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)	
Common Stock				05/02	5/02/2006				M		2,00	0 I) \$	\$23.31 33		3,246		D		
Common Stock				05/02/2006		5			M		2,00	0 I) \$	23.39 31		,246		D		
Common Stock				05/03/2006		5			M		2,00	0 1) :	\$25.5		,246		D		
Common Stock 05/0				3/2006	2006			M		2,00	0 I) \$	\$25.73		,246		D			
		Т	able II -												Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any	tion Date, Transaction of Expiration Date of Ode (Instr. Derivative (Month/Day/Year) Derivative De				7. Title a of Secu Underly Derivativ	7. Title and Amount of Securities Underlying			8. Price of Derivative Security (Instr. 5) 9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)					
					Code	v	(A)	(D)	Date Exercisab		xpiration ate	Title	Amo or Nun of Sha							
Option to Buy	\$4.38								10/23/199	8 1	0/22/2008	Commo	10,	000		10,000		D		
Option to Buy	\$5.57								07/16/199	9 0	7/15/2009	Commo	10,	000		10,000		D		
Option to Buy	\$3.625								05/10/200	0 0	5/09/2010	Commo	5,0	000		5,000		D		
Option to Buy	\$3.65								05/09/200	1 0	5/08/2011	Commo	5,0	000		5,000		D		
Option to Buy	\$5.5								05/15/200	2 0	5/14/2012	Commo	5,0	000		5,000		D		
Option to Buy	\$4.23								05/13/200	3 0	5/12/2013	Commo	5,0	000		5,000		D		
Option to Buy	\$7.81								05/25/200	4 0	5/24/2014	Common	5,0	000		5,000		D		
Option to Buy	\$8.97								05/25/200	5 0	5/24/2015	Commo	5,0	000		5,000		D		

Explanation of Responses:

Remarks:

John W. Puth

05/03/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

AUTHORIZATION

The undersigned, John W. Puth, authorizes and designates the following persons to exe undersigned's affiliation with L.B. Foster Company (the "Company"), with the Securities and E		
David L. Voltz		
or		
Linda Moore		
This authorization shall remain in effect for each of said persons until the earlier of (i) the undersigned revokes said authority in a writing addressed to the Secretary of the Company.	the person ceas	ses to be an employee of the Company or (ii)
Executed this 13	3th day of	
	May	2003.
/s/ John W. Puth	ı	
John W. Puth		