FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
-------------	------	-------

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden 0.5 hours per response:

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Foster Donald L						Name and Ticke ERLBCO			mbol		ck all applica Director	able)		Ssuer Owner er (specify		
(Last) (First) (Middle) 415 HOLIDAY DRIVE					3. Date 0 03/03/2	of Earliest Transac 2009	ction (Mo	nth/D	ay/Year)	_ X	below)			w)`'		
(Street) PITTSBU (City)			15220 Zip)		4. If Ame	4. If Amendment, Date of Original Filed (Month/Day/Year)						Form file	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) 2. Tran- Date (Month			2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securitie Transaction Code (Instr.) 8)		es Acquired Of (D) (Instr	(A) or 3, 4 and 5	Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
							Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 and	on(s)		(Instr. 4)	
Common Stock											26	60	I	Est. 401(k) Shares		
Common Stock												1,3	12	D		
Common Stock												683	3 ⁽²⁾	D		
Common Stock 03/03/					3/2009		A		1,293(3)) A	(1)	(1) 1,293(3)		D		
						urities Acqu Is, warrants,						Owned				
		Transactior Code (Instr		Expiration Date (Month/Day/Year)			7. Title and of Securition Underlying Derivative (Instr. 3 an	es Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securitie Beneficia Owned	e Owner s Form: ally Direct or Indi	Beneficial Ownership ect (Instr. 4)				

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v			Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Option to Buy	\$9.3							05/13/2006	05/12/2016	Common	3,750(4)		3,750 ⁽⁴⁾	D	
Option to Buy	\$9.29							02/16/2006	02/15/2015	Common	2,500(5)		2,500 ⁽⁵⁾	D	
Performance Share Units	(1)							(1)	(1)	Common	(1)		2,053 ⁽⁶⁾	D	
Performance Share Units	(1)	03/03/2009		A		3,877 ⁽⁷⁾		(1)	(1)	Common	3,877 ⁽⁷⁾	(1)	3,877 ⁽⁷⁾	D	

Explanation of Responses:

- 1. Not applicable.
- 2. Not vested and non-voting until March 6, 2012.
- 3. Not vested and non-voting until March 4, 2013.
- 4.25% became vested on 5/13/06 and an additional 25% becomes vested on each of the next three anniversaries.
- 5.25% became vested on 2/16/06 and an additional 25% becomes vested on each of the next three anniversaries.
- 6. (0 4106 shares). Performance share unit will convert into common stock based on the Company's performance against financial metric for calendar year 2008-2010 inclusive. Stock awarded shall range from 0 to 2 for each performance share unit.
- 7. (0 7754 shares). Performance share unit will convert into common stock based on the Company's performance against financial metric for calendar year 2009-2011 inclusive. Stock awarded shall range from 0 to 2 for each performance share unit.

Remarks:

Donald L. Foster, David L. Votz, as attorney-in-fact

03/05/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

AUTHORIZATION AND POWER OF ATTORNEY

The undersigned, Donald L. Foster, authorizes and designates the following persons to execute and/or file all Forms 3, 4 and 5, required due to the undersigned's affiliation with L.B. Foster Company (the "Company"), with the Securities and Exchange Commission:

Deborah J. Foster and/or David L. Voltz

This authorization shall remain in effect for each of said persons until the earlier of (i) the person ceases to be an employee of the Company or (ii) the undersigned revokes said authority in a writing addressed to the Secretary of the Company.

Executed this 22 day of August, 2008

/s/ Donald L. Foster

Donald L. Foster