SEC 1	Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

1. Name and Address of Reporting Person [*] <u>Foster Donald L</u>			2. Issuer Name and Ticker or Trading Symbol <u>FOSTER L B CO</u> [FSTR]	(Check	tionship of Reporting Perso all applicable) Director Officer (give title	on(s) to Issuer 10% Owner Other (specify
(Last) 415 HOLIDAY	ast) (First) (Middle) 5 HOLIDAY DRIVE		3. Date of Earliest Transaction (Month/Day/Year) 08/01/2006	X	below) Sr. V.P.	below)
(Street) PITTSBURGH	РА	15220	4. If Amendment, Date of Original Filed (Month/Day/Year) 08/02/2006	6. Indiv Line) X	idual or Joint/Group Filing Form filed by One Repor Form filed by More than	ting Person
(City)	(State)	(Zip)			Person	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	08/01/2006		М		3,750	A	\$9.3	3,750	D	
Common Stock	08/01/2006		S		3,750	D	\$24.038(5)	0	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option to Buy	\$8.01							10/21/2004 ⁽¹⁾	10/20/2014	Common	18,750		18,750	D	
Option to Buy	\$9.3	08/01/2006		м			3,750	06/13/2006 ⁽²⁾	12/12/2014	Common	3,750 ⁽⁵⁾	(4)	11,250	D	
Option to Buy	\$9.29							02/16/2005 ⁽³⁾	02/15/2015	Common	7,500		7,500	D	

Explanation of Responses:

1. 25% of original grant became exrcisable on 10/21/05 and an additional 25% becomes exercisable on each of the next three anniversaries.

2. 25% of original grant became exercisable on 6/13/06 and an additional 25% becomes exercisable on each of the next three anniversaries.

3. 25% or original grant becamse exercisable on 2/16/06 and an additional 25% becomes exercisable on each of the next three anniversaries.

4. Intentionally left blank

5. Inaccurate number previously inserted.

Remarks:

Donald L. Foster

** Signature of Reporting Person

08/03/2006

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.