SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subjec Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	t to
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden

Estimated average burden	
hours per response:	0.5

1. Name and Address of Reporting Person [*] PUTH JOHN W				uer Name and Ticke STER L B CO		ymbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) C/O L.B. FOSTI		(Middle)		e of Earliest Transac 2/2005	ction (Month/E	Day/Year)		Officer (give title below)	Other below	(specify)	
415 HOLIDIAY DRIVE			4. If A	mendment, Date of	Original Filed	(Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)						X	Form filed by On	e Reporting Pers	son		
PITTSBURGH PA 15220							Form filed by Mo Person	re than One Rep	orting		
(City)	(State)	(Zip)									
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any	3. Transaction Code (Instr.	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)		5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial		

CodeVAmount(A) or (D)PriceReported Transaction(s) (Instr. 3 and 4)(Instr. (Instr. (Instr.))Common Stock09/02/2005G5,000D\$0.0040,246D		Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transa Code (8)			Beneficially Owned Following		Beneficially (D) or Indirect B Owned Following (I) (Instr. 4) C		of Indirect Beneficial Ownership (Instr. 4)
Common Stock 09/02/2005 G 5,000 D \$ 0.00 40,246 D				Code	v	Amount	(A) or (D)	Price	Transaction(s)		(11150.4)
	Common Stock	09/02/2005		G		5,000	D	\$0.00	40,246	D	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deriv	rities lired r osed) r. 3, 4	Expiration Da	Expiration Date or (Month/Day/Year) U D		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		of Securities Underlying Derivative Security		of Securities Underlying Derivative Security		of Securities Underlying Derivative Security		of Securities Underlying Derivative Security		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares												
Option to Buy	\$4.38							10/23/1998	10/22/2008	Common	10,000		10,000	D									
Option to Buy	\$5.57							07/16/1999	07/15/2009	Common	10,000		10,000	D									
Option to Buy	\$3.625							05/10/2000	05/09/2010	Common	5,000		5,000	D									
Option to Buy	\$3.65							05/09/2001	05/08/2011	Common	5,000		5,000	D									
Option to Buy	\$5.5							05/15/2002	05/14/2012	Common	5,000		5,000	D									
Option to Buy	\$4.23							05/13/2003	05/12/2013	Common	5,000		5,000	D									
Option to Buy	\$7.81							05/25/2004	05/24/2014	Common Stock	5,000		5,000	D									
Option to Buy	\$8.97							05/25/2005	05/24/2015	Common	5,000		5,000	D									

Explanation of Responses:

Remarks:

<u>John W. Puth</u>

** Signature of Reporting Person

<u>09/12/2005</u> n Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.