FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washin

gton, D.C. 20549	OMB APPROVAL

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hours per response:	0.9									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1. Name and Address of Reporting Person* KASEL JOHN F						2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [FSTR]									eck all app Direc	olicable)	ng Person(s) to I		
	(Fii TER COM IDAY DRI	PANY	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/14/2019								X belo	w)	below President			
(Street) PITTSBURGH PA 15220 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									e) <mark>X</mark> Forn Forn	dividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
		Tab	le I - No	n-Deriv	ative	Sec	uritie	s Ac	quired,	Dis	posed o	f, or	Bene	ficial	y Own	ed			
Date			2. Transa Date (Month/D		r) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				Securi Benefi Owned	cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)		rice	Report Transa (Instr.	ted action(s) 3 and 4)		(Instr. 4)	
Common S	Stock			02/14	/2019	2019			F		3,478	3,478 D		\$17.8	7 4	1,279	D		
Common S	Stock			02/17	/2019				F		691		D S	\$17.8	5 4	40,588 D			
Common Stock														!	5,911	I	L.B. Foster Company 401(k) Plan Shares		
		Ta									sed of, onvertib				Owned				
1. Title of 2. 3. Transaction 3A. Deemed 4. Derivative Conversion Date Execution Date, Tra			4. Transa Code (ction	ction of			Exercision Date Day/Ye	sable and	ble and 7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amount Or Number			. Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

/s/ John F. Kasel by Rachelle Horning, attorney-in-fact

02/19/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).