#### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287

Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  RUSSO DAVID J					2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [ FSTR ]							(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  Officer (give title Other (specify				ner		
(Last) (First) (Middle) L.B. FOSTER COMPANY 415 HOLIDAY DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 08/13/2008								X Officer (give title Other (specify below)  Sr. V.P., CFO & Treasurer					
(Street) PITTSBURGH PA 15220				_   4. I _	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person						
(City)	(Sta		Zip)		<u> </u>								<u> </u>						
1. Title of Security (Instr. 3)  2. Transa Date (Month/D				action	ction 2A. Deemed Execution Date,		med on Date,	3. Transaction Code (Instr. 3) 8)  4. Securities Acquired (ADisposed Of (D) (Instr. 3) 5)				A) or	5. Amount o Securities Beneficially Owned Follo	Form: D (D) or In		rect Ind lirect Ber	lature of irect neficial nership		
						`		,	Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 and	(s)	, ,	(Instr. 4)		
common stock			08/13	08/13/2008				М		10,000	Α	\$4.3	15,312		D				
common st	common stock 08/1		3/2008	/2008					8,000	D	\$38	7,312		D					
common st	ock <sup>(1)</sup>													5,995 D					
common stock												751	I		Tr	401(k) Trust Share Equivalents			
			Table II								oosed of, o convertible			Owned				,	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deeme Execution if any (Month/Da	Date,	4. Transa Code ( 8)		on of		6. Date Exercis Expiration Dat (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares						
option to buy	\$4.3	08/13/2008			M			10,000	07/26/20	02 <sup>(3)</sup>	07/25/2012 <sup>(3)</sup>	common	10,000	(2)	0		D		
option to buy	\$4.1								12/10/20	02 <sup>(4)</sup>	12/09/2012	common	1,000		1,000	0	D		
performance share	(2)								(2)		(2)	common	(5)		2,053	(5)	D		

#### Explanation of Responses:

- $1.\ Not\ vested\ and\ non-voting\ until\ March\ 6,\ 2012.$
- 2. Not Applicable.
- 3.25% became vested on 7/26/03 and an additional 25% became vested on each of the next three anniversaries.
- 4. 25% became vested on 12/10/03 and an additional 25% became vested on each of the next three anniversaries.
- 5. (0-4106 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar years 2008-2010, inclusive. Stock awarded shall range from 0-2 for each performance share unit.

## Remarks:

<u>David J. Russo/David L. Voltz,</u> <u>as attorney-in-fact</u>

08/15/2008

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

# **AUTHORIZATION**

The undersigned, David J. Russo, authorizes and designates the following persons to execute and/or file all Forms 4 and 5, required due to the undersigned's affiliation with L.B. Foster Company (the "Company"), with the Securities and Exchange Commission:
David L. Voltz
David L. voitz
or
Linda Moore
This authorization shall remain in effect for each of said persons until the earlier of (i) the person ceases to be an employee of the Company or (ii) the undersigned revokes said authority in a writing addressed to the Secretary of the Company.
Executed this <u>14th</u> day of

/s/ David J. Russo David J. Russo