### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL 3235-0287 OMB Number:

Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person*	2. Issuer Name and Ticker or Trading Symbol <u>FOSTER L B CO</u> [ FSTR ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
FISHER SAMUEL K		Director 10% Owner Officer (give title Other (specify
(Last) (First) (Middle) L.B. FOSTER COMPANY 415 HOLIDAY DRIVE	3. Date of Earliest Transaction (Month/Day/Year) 03/02/2010	X below) Sr. V.P. Rail
(Street) PITTSBURGH PA 15220 (City) (State) (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person
Table I - Non-Deriv	ative Securities Acquired, Disposed of, or Benefic	ially Owned

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities A Disposed Of (			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(11150. 4)	
Common Stock								1,762	Ι	401(k) Stock	
Common Stock								6,987	D		
Common Stock								683 <sup>(2)</sup>	D		
Common Stock								1,293 <sup>(3)</sup>	D		
Common Stock	03/02/2010		A		1,021 <sup>(4)</sup>	A	(1)	1,021 <sup>(4)</sup>	D		

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Derivative Code (Instr. Securities		6. Date Exerc Expiration Da (Month/Day/)	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Performance Share Units	(1)							(1)	(1)	Common	(1)		2,053 <sup>(5)</sup>	D	
Performance Share Units	(1)							(1)	(1)	Common	(1)		3,877 <sup>(6)</sup>	D	
Performance Share Units	(1)	03/02/2010		A		3,062 <sup>(7)</sup>		(1)	(1)	Common	(1)	(1)	3,062 <sup>(7)</sup>	D	

# Explanation of Responses:

1. Not applicable.

2. Not vested and non-voting until March 6, 2012

3. Not vested and non-voting until March 4, 2013.

4. Not vested and non-voting until March 2, 2014.

5. (0 - 4016 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar year 2008 - 2010, inclusive. Stock awarded shall range from 0 -2 for each performance share unit.

6. (0 - 7754 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar year 2009 - 2011, inclusive. Stock awarded shall range from 0 -2 for each performance share unit.

7. (0 - 6124 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar year 2010 - 2012, inclusive. Stock awarded shall range from 0 -2 for each performance share unit.

Remarks:

/s/ Samuel K. Fisher, by David

L. Voltz, attorney-in-fact

03/04/2010

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.