FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
houre por rosponso:	0.5								

5. Relationship of Reporting Person(s) to Issuer

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

1. Name and Address of Reporting Person

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

RUSSO DAVID J					FO	FOSTER L B CO [FSTR]								Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Sr. V.P., CFO & Treasurer					
(Last) (First) (Middle) L.B. FOSTER COMPANY 415 HOLIDAY DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 05/28/2010														
(Street)	RGH PA	15220			4. If	Ameno	lment,	, Date	of Origina	al File	d (Month/Day	Line	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(Sta	te) (Z	Zip)																_
Table I - Non-Deriv 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)			ction	ion 2A. Deemed Execution Date,		Transaction Disposed Of Code (Instr. 5)			f, or Beneficiall s Acquired (A) or f (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
Common Stock								Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4) 1,101.493		I		401(k) Trust Sha Equivale		
Common Stock													7,312		D	_			
Common Stock												683(2)		D	,				
Common Stock													1,293(3)		D				
Common Stock												1,021(4)		D					
Common Stock 05/28/20					2010	010		A		10,000 ⁽⁵⁾	A	(1)	10,000(5)		D				
		T	able II								oosed of, convertib			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		if any		4. Transa Code (8)	ction	5. Number of				sable and	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Num derivat Securit Benefit Owned Follow Report Transa (Instr. 4	tive ties cially I ing eed ction(s)	10. Owners Form: Direct (I or Indire (I) (Instr	Bene O) Owner oct (Instr	lirect ficial ership
					Code	v	V (A)		Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares						
Option to Buy	\$4.1								12/10/20	002 ⁽⁶⁾	12/09/2012	common	1,000		1,0	000	D		
Performance Share Units	(1)								(1)		(1)	common	(1)		2,053 ⁽⁷⁾		D		
Performance Share Units	(1)								(1)		(1)	Common	(1)		3,8	77 ⁽⁸⁾	D		
Performance Share Units	(1)								(1)		(1)	Common	(1)		3,00	62 ⁽⁹⁾	D		

Explanation of Responses:

- 1. Not applicable.
- $2.\ Not\ vested\ and\ non-voting\ until\ March\ 6,\ 2012.$
- 3. Not vested and non-voting until March 4, 2013.
- 4. Not vested and non-voting until March 3, 2014.
- $5. \ Not \ vested \ and \ non-voting \ until, 25\% \ on \ May \ 28, 2011, 25\% \ on \ May \ 28, 2012, 25\% \ on \ May \ 28, 2013 \ and \ 25\% \ on \ May \ 28, 2014.$
- 6. 25% became vested on 12/10/03 and an additional 25% became vested on each of the next three anniversaries.
- 7. (0 4106 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar years 2008-2010, inclusive. Stock awarded shall range from 0-2 for each performance share unit.
- 8. (0 7754 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar years 2009-2011, inclusive. Stock awarded shall range from 0-
- $9.(0-6124\,\mathrm{shares})$. Performance share units will convert into common stock based on Company's performance against financial metric for calendar year 2010 2012, inclusive. Stock awarded shall range from 0 - 2 for each performance share unit.

Remarks:

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.