FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Check this box if no longer subject to						
Section 16. Form 4 or Form 5						
obligations may continue. See						
Instruction 1(b).						

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPROVAL								
	OMB Number:	3235-0287							
l	Estimated average burden								
l	hours per response:	0.5							

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>RUSSO DAVID J</u>			2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [FSTR]									Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner								
(Last) (First) (Middle) L.B. FOSTER COMPANY 415 HOLIDAY DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 03/03/2009								X Officer (give title Other (specify below) Sr. V.P., CFO & Treasurer							
(Street) PITTSBU		. 1	L5220 Zip)		4. 1	f Ame	ndment, Da	ate of	of Original Filed (Month/Day/Year)					Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tab	ole I - No	on-Deri	vativ	e Se	curities	Acc	quired	, Dis	posed of,	or Ben	eficially	Owned						
		2. Transaction Date (Month/Day/Year)				Transaction D		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 at 5)			nd Securities Beneficially Owned Follo		6. Owne Form: D (D) or In (I) (Instr	pirect Ir direct B . 4) O	Nature of direct eneficial vnership					
							Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4		nstr. 4)				
common stock												751		I I		01(k) rust Share quivalents				
common stock												7,312		D						
common stock										683 ⁽²⁾		D								
common Stock 03/03/			/2009			A		1,293 ⁽³⁾ A		(1)	1,293(3)		D							
		•	Table II								osed of, o			Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ercise (Month/Day/Year) of ative	3A. Deeme Execution if any (Month/Da	ned n Date,	4. Transa Code (8)	ction	5. Number of Derivative		6. Date Exerci Expiration Da (Month/Day/Ye		isable and te	7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	deriva Securi Benefi Owned Follow Repor	ities icially d ving ted	10. Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership t (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)					
Option to Buy	\$4.1								12/10/2	2002 ⁽⁴⁾	12/09/2012	common	1,000		1,	,000	D			
Performance Share Units	(1)								(1)	(1)	common	(1)		2,0)53 ⁽⁵⁾	D			
Performance	(1)	03/03/2009	(1)	(1)			3,877 ⁽⁶⁾		(1)		(1)	Common (1)		(1)	3,877 ⁽⁶⁾		D			

Explanation of Responses:

- 1. Not applicable.
- 2. Not vested and non-voting until March 6, 2012.
- 3. Not vested and non-voting until March 4, 2013.
- 4. 25% became vested on 12/10/03 and an additional 25% became vested on each of the next three anniversaries.

5. (0 - 4106 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar years 2008-2010, inclusive. Stock awarded shall range from 0-2 for each performance share unit.

6. (0 - 7754 shares). Performance share units will convert into common stock based on Company's performance against financial metric for calendar years 2009-2011, inclusive. Stock awarded shall range from 0-2 for each performance share unit.

Remarks:

/s/ David J. Russo ** Signature of Reporting Person 03/05/2009

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.