FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL									
1	OMB Number:	3235-0287								
	Estimated average burden									
	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

					or Sec	CHOILS	50(II) C	n the i	nvesime	ni Co	mpany Act o	1940								
1. Name ar	2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [FSTR]										k all app Direc			10% (Owner					
(Last)	t) (First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 05/12/2023									X	Officer (give title below)		e Other below ntroller		(specify	
415 HOL	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Line)										
(Street)	Street) PITTSBURGH PA 15220														X Form filed by One Reporting Person Form filed by More than One Report Person					
(City)	(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication														
	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																			
		Table	I - No	n-Deriva	tive S	ecui	rities	Acc	uired,	Dis	posed of	, or E	Benefic	ially	y Own	ed				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/					Execution Date,			3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Securitie Beneficia Owned Followin		ies Formially (D)		: Direct r ect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) c (D)	Price		Reported Transaction(s) (Instr. 3 and 4)					
Common Stock 05/12/20.)23	23			P		2,000	A	\$10.	\$10.77		3,575 ⁽¹⁾		D		
Common Stock														476			I	L.B. Foster Company 401(k) Plan Shares		
		Tal	ole II	- Derivati (e.g., pu							osed of, convertib				Owne	d				
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date, urity or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Expirati (Month/	ion Da		7. Title Amou Secur Under Deriva Secur (Instr.	int of rities rlying ative	Der Sec	Price of crivative curity estr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	illy	10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)		
			Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares									

Explanation of Responses:

1. Includes 839 Performance Restricted Stock Units earned under the 2022-2024 Long Term Incentive Plan granted on 02/17/2022.

Remarks:

Sean M. Reilly by Judith
Balog, attorney-in-fact
** Signature of Reporting Person

05/15/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.